



Apple Activities



Quick and Easy Apple Snacks

- Peel and core an apple. Cut apple into rings. Spread apple ring with peanut butter and top with banana slices. Top with another apple ring to make an apple • Make an apple parfait by layering applesauce, yogurt and granola in a parfait glass. If you like, top with fresh apple slices and caramel sauce. Delicious!
- Toss dried apples with raisins, peanuts, nuts, seeds and other dried fruit to make your own unique trail mix. This is great for backpacking adventures!
- Spread applesauce on an English muffin and top with shredded cheese. Heat in a toaster oven until cheese melts.
- Make apple popsicles by freezing apple cider in popsicle containers. Spoon hot applesauce over ice cream or frozen yogurt to make an apple sundae.
- Add apple chunks or grated apple to pancake batter. Top pancakes with hot applesauce and cinnamon sugar for a yummy treat.
- Core an apple and fill with brown sugar and cinnamon. Add a little water and microwave for 5-7 minutes. These easily prepared baked apples make a great dessert.
- Serve sliced apples and various cheeses on a platter. Try using several varieties, and include labels for each one. This is definitely fit for a party!



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